

CLEAN SIXTEEN

The Cleanest Snack & Nutrition Bars

The Clean Label Project's recent study on Snack and Nutrition Bars sheds light on a growing concern in the health food space—what you don't see on the label may be just as important as what you do. Through independent testing of 165 of the nation's top-selling bars, Clean Label Project evaluated products for six key categories of contamination: heavy metals, pesticides, glyphosate, bisphenols (BPA/BPS), phthalates, and acrylamide.

While none of the tested bars are currently Clean Label Project Certified, this list spotlights the sixteen products with the lowest levels of these contaminants—the "Clean 16." This ranking reflects cumulative purity scores based on our rigorous testing panels and is intended to help consumers make more informed, data-driven decisions.

Transparency is power. And in a category often associated with health and wellness, the Clean 16 represents a call to action for both consumers and brands to demand—and deliver—better.

Testing Summary



165

snack and nutrition bars tested

6 contaminant panels:

Heavy Metals, Pesticides, Glyphosate, BPA/BPS, Phthalates, Acrylamide

Key Findings



97%

exceeded Prop 65 limits for acrylamide

22.8%

were over CA Prop 65 Limits

"Kids" bars were consistently lower in heavy metals, pesticides, and phthalates

The Cleanest Snack & Nutrition Bars



NATURE VALLEY
Sweet & Salty Nut Cashew Granola Snack Bar 7.4oz



MADE GOOD
Strawberry Granola Minis Og .85oz (5pk)



SUNBELT
Oats And Honey Granola Snack Bar 9.5oz



BOBO'S
Strawberry Stuff'd Oat Bites 1.3oz (5pk)



BOBO'S
Chocolate Chip Oat Bites 1.3oz (5pk)



KIND
Breakfast Protein Almond Butter 1.76oz (6pk)



KIND
Core Caramel & Almond Sea Salt 1.4oz



KIND
Protein From Real Food Peanut Butter Bar 1.76oz



QUEST
White Chocolate Raspberry Bar 2.1oz



NICK'S
Peanut Single-serve Keto Bar 1.76oz



NATURE VALLEY
Sweet & Salty Nut Almond Granola Snack Bar 7.4oz



LUNA
Lemon Zest Organic 1.69oz



RXBAR
Coconut Chocolate Bar 1.83oz



QUAKER
Chewy Yogurt Strawberry Granola Snack Bar 6.1oz



ANNIE'S
Chewy Granola Birthday Cake 5 Bars



THINK
High Protein Lemon Delight Bar 2.1oz

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