CLEAN SIXTEEN

BY PURITY





Clean Label Project tested 160 protein powders from 70 of the top-selling brands representing 83% of the market

of Protein Powders Exceeded of Protein Powders Exceeded
California Prop 65 Limits for toxic heavy metals in one serving

The dirtiest 5 protein powders contain exponentially more heavy metals, per serving, than the Clean Sixteen cleanest protein powders (shown below). How much more?

45.9x Cadmium

38.4x more Lead

31.5xArsenic

Mercury

These 16 protein powders stood out as non-detect (ND) for Lead, Cadmium, Mercury & Arsenic



WELLBEING **NUTRITION** Whey Protein Isolate -Unflavored



PUORI PW1 Protein



VITAL PROTEINS Collagen Peptides -Unflavored



ISOPURE Zero Carb Protein -Unflavored



PREMIER PROTEIN 100% Whey Vanilla Milkshake



RYSE Jet Puffed Marshmallow



BODY FORTRESS Super Advanced -Vanilla



BULK SUPPLEMENTS Whey Protein Isolate



WICKED PROTEIN Cherry Limeade Clear Whey Isolate



RITUAL Essential Protein Pregnancy & Postpartum



GARDEN OF LIFE Certified Grass Fed Whey - Vanilla



NUTRABOX 100% Whey - Mango



OPTIMUM NUTRITION Gold Standard 100% Whey - Vanilla Ice Cream



DYMATI7F ISO 100 Hydrolized -Gourmet Vanilla



Pro Performance 100% Whey - Banana Cream



CELLUCOR Whey Protein - Vanilla

CleanLabelProject

Clean Label Project™

is a national non-profit with the mission to bring truth and transparency to food and consumer product labeling.